

BEDFORD COMMUNITY EDUCATION

A "National Community School of Excellence"

Co-Sponsored By

Bedford Public Schools & Bedford Parks Commission



**Youth Leagues
Youth Programs
Adult Enrichment
Adult Certification
GED Preparation**

Summer Ball Leagues
Included in this issue



January - April 2017

www.mybedford.us/communityeducation



BEDFORD PARK COMMISSION
 Sally Dunn, Joan Dunton, Jerry Goodridge,
 Lou Smith, Connie Velliquette

COMMUNITY EDUCATION STAFF

<i>Nancy Crandell</i>	District Director, Community Ed Services & Operations
<i>TBA</i>	Recreation & Leagues Coord.
<i>Brenda Whitlock</i>	Secretary
<i>Connie Mercier</i>	Program Assistant, Comm Ed
<i>Rhonda Melnyk</i>	Adult Education Coord.
<i>Kathy Synowka</i>	Program Assistant, Adult Ed
<i>Dianne Carroll</i>	Director, Senior Center
<i>Amber Brushaber</i>	Director, Latchkey Centers
<i>Carrie Pitzen</i>	Health Van

Thank you to our many volunteers!

Forms and flyers are also available at our website.....
www.mybedford.us/communityeducation

OFFICE HOURS:
Community Education Office
734-850-6036

Monday thru Friday.....8:00 am to 4:00 pm
 Closed 12:00-1:00pm
Drop-slot available after-hours!

Adult Education Office
734-850-6050

Monday thru Thursday.....9:30 am to 5:00 pm
 Friday.....Closed



NEED A RIDE TO A MEDICAL APPT?

Call The Health Van 734-850-6045

The Health Van will take clients to and from non-emergency medical appointments such as doctors, dentists, and hospitals. Any resident of Monroe County and who is going to a medical appointment is eligible. Call during office hours for rates and times. The office hours are M-F from 8:30am - 3:00pm. Advance reservations are needed. *Reduced rates available for rides within Bedford Township.*

Bedford Senior Community Center

1653 Samaria Road, Temperance, MI 48182 734-856-3330

Join us for our meal program M-F at 12:00 noon
 (Menu changes daily) Call for reservation.

Benefits the Senior Community Center offers:

- Notary, Legal Service, Counseling Referral
- Educational presentations, newsletter
- Library in Motion and lending library
- Health screenings, Bible study
- Line and square dancing, Fitness after 55
- Bunco, Bingo, Bridge, Euchre
- Intergenerational programming
- Men's pool league
- Crafts and quilting
- Travel program

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DRIVER'S INSTRUCTION

SPACE IS LIMITED AND CLASSES FILL QUICKLY!

SEGMENT I - Driver Education for Students (under 18 years of age)



- ◆ **Minimum age is 14 years, 8 months**
- ◆ Return \$315.00 check or money order and completed registration form to the Community Education office
- ◆ Bring your Certified birth certificate to the first class
- ◆ Times listed are classroom hours, students will also be required to complete 6 driving sessions with the instructor.
- ◆ Refunds or transfers will only be issued if requested to the Community Ed office at least 3 business days prior to the class start date. Refunds requested after the 3 days, but before the 2nd day of class will be \$155.00. **No refunds will be issued after the 2nd day of class! You will be required to re-register and re-pay for a new class if proper notice is not given, you do not show, or do not complete your registered session.**

Class Dates:	Seg 1-D) Feb 28 - Mar 23	T-W-TH	2:45-4:45pm	BHS A-26
	Seg 1-E) Mar 27 - Apr 12	M thru TH	7:00-9:00pm	BHS A-26
	Seg 1-F) April 25 - May 18	T-W-TH	2:45-4:45pm	BHS A-26
	Seg 1-G) May 22 - June 12	M thru TH	2:45-4:45pm	BHS E-9

SEGMENT 2 - Driver Education for Students

- ◆ Must have completed Segment I
- ◆ Must have Level 1 Learners License for minimum of 3 months
- ◆ Must have minimum of 30 hours (2 evenings) drive time logged
- ◆ Return \$50.00 check or money order and completed registration form to the Community Education office
- ◆ Refunds or transfers will only be issued if requested to the Community Ed office at least 3 business days prior to the class start date. A \$5.00 service fee will be deducted from all refunds. **You will be required to re-register and repay for a new class if proper notice is not given, you do not show, or do not complete your registered session.**

Class Dates:	Seg 2-D) Jan 17, 18, 19	T-W-TH	2:45-4:45pm	BHS Room A-26
	Seg 2-E) March 28, 29, 30	T-W-TH	7:00-9:00pm	BHS Room E-9
	Seg 2-F) May 8, 9, 10	M-T-W	2:45-4:45pm	BHS Room E-9

DRIVER'S EDUCATION REGISTRATION FORM

Student's First Name _____ Middle Initial _____ Last Name _____
 Date of Birth ____/____/____ Home Phone _____ Alt. Phone _____
 Address _____ City _____ Zip _____ School _____
 E-Mail _____

Indicate the class you would like to be registered for, attach a check or money order to "Bedford Public Schools", and return to the Community Education office at 1623 W. Sterns Road - Temperance, MI 48182. Classes fill quickly and space is limited! Or register Online!

SEGMENT 1: ___Seg 1-D) Feb. 28-Mar 23 ___Seg 1-E) Mar 27-Apr 12 ___Seg 1-F) Apr 25- May 18 ___Seg G-1) May 22-Jun 12

Please note that you CAN NOT sign up for Segment 2 until you have completed Segment 1 - See Segment 2 requirements above!

SEGMENT 2: ___Seg 2-D) Jan 17, 18, 19 ___Seg 2-E) March 28, 29, 30 ___Seg 2-F) May 8, 9, 10

The State of Michigan requires that students attend all classes. _____

Parent Signature _____



WE OFFER STATE OF MICHIGAN ROAD SKILLS TESTING

Michigan Automobile Road Skills Test Fee - \$60.00

An appointment & registration is needed!

Office hours are 8:00am -3:30pm

Call the Community Education office for more information at 734-850-6036.

We do not offer walk-in testing!



Adult Enrichment

LEARN TO KNIT

Learn the art of knitting from clueless to capable. Learn to cast on, do basic stitches, make a small dish cloth or scarf, cast off and finish. Please bring a pair of size 8 knitting needles and an 8 oz. skein of worsted yarn in a light to medium color (harder to see mistakes in dark colors and you want to learn properly). You will practice, select a project and make it. Some homework may be required.

4 Tuesdays 6:30-8:30pm \$30
March 28 Register before Mar. 21

Bedford High School/Media Center Conference Room

LOSE WEIGHT THROUGH HYPNOSIS!!

It's a new year - Time to bring out the new thinner you! Tried everything and still can't shed those pounds you'd be much happier without? Through hypnosis, this seminar will help you lose weight, change eating habits, speed up your metabolism, and have more energy! With our return free guarantee - you've got nothing to lose but weight!

1 Thursday 7:00-8:30pm \$45
January 19 Register before Jan. 12

Bedford High School/Media Center

BE WHO YOU ARE SEMINAR

This workshop will give you techniques to learn to love who you are. We will learn a way to assist you in letting go of negative past experiences. We will take participants on a journey toward self-discovery, identity formation, self-theory and goal setting. You will walk away inspired and motivated to reach for new levels of growth.

1 Thursday 7:00-8:30pm \$45
January 26 Register before Jan. 19

Bedford High School/Media Center Conference Room

PINTEREST ART CLUB

Explore art and craft ideas to create the most popular searched items on Pinterest. All materials are included in the price of the class. Classes will be held at the Bedford High School Room E-18A

SLATE WALL HANGING

Choose from three designs or create your own one-of-a-kind design using a combination of the ideas. The slate was from a barn erected in Portage, Ohio in 1879.

January 12 6:00-8:00pm \$90

MULTIMEDIA JOURNALING

A large journal will be supplied. Learn many techniques to finish the cover of the journal including paint, paper, fabric, leather and many more mediums. The journal can be used to write or sketch in or as a scrapbook.

January 26 6:00-8:00 pm \$85

INTRO TO FLORAL DESIGN

Hey Guys! This is the sweetest gift because she will get five floral arrangements of her own design-WOW!! Frank Viviano will instruct this class. Fresh, dried, and silk flowers will be used to design a different piece each week. Have a great time learning how to display each type of flower and also learn about the care and handling of each different type. Best of all you can take them all with you to decorate your home or give as gifts. **Supply fee of \$75.00 is payable to the instructor at the first class.**

5 Mondays 7:00-9:00pm \$40
March 6 Register before Feb. 27
Bartz Viviani Flower Shop

THE FINANCIAL EDUCATION SERIES

No matter what your age, your financial situation, or your goals, you need to know about the power of investing. Our four week educational workshop is a great way to start! You'll learn how to increase investment income while reducing taxes on those investments. We'll teach you about the stock market, as well as other forms of ownership and loanership investments. Course includes a take-home workbook. Our focus will be on you and your goals. Be enlightened when it comes to your financial future.

4 Thursdays 6:00-8:00pm \$25
February 2 Register before Jan. 26
Bedford High School/Media Center

PRIVATE MUSIC LESSONS-YOUTH & ADULTS

**Guitar, Bass, Piano, Voice, Percussion,
Strings, Woodwind, and Brass
Fee: \$19.00/half-hour lesson**

Beginners, intermediate students, advanced players, and rusty old timers for private half hour lessons.

Lessons are taught by professional instructors.
Duet (40min), Trio (50min), & Quartet (60min)

To schedule a lesson, you can call the
Lesson Hotline voice mail at 734-850-6256.



VALENTINES DAY WREATH

Two different base materials will create a stunning wreath to hang on your door or in your home for the ones that you love.

February 2 6:00-8:00pm \$85

MOSAIC GLASS WALL ART

Pick your pattern and complete a glass masterpiece suitable to hang on the wall or in a windowsill.

March 9 & 16 6:00-8:00 pm \$100



DOG OBEDIENCE

We use treats and positive reinforcement. The training tools used in class will be discussed during the first class. The entire family is encouraged to attend classes, but it is the parent's responsibility to supervise and maintain the behavior of all children - we only train the dogs! All dogs must be on a leash at all times!

Please write the breed and age of dog on registration form. Enter through front doors on East end of building

FIRST CLASS: Do not bring dogs -

All students will meet from 6:30-8:00pm on January 23 & March 13 ONLY

PUPPY KINDERGARTEN

Puppies age 8-18 weeks will learn socialization, puppy manners, "sit, down, stand, off, come", and walking on a leash. We will also address housebreaking, play-biting and other problem behaviors. The whole family may attend. You must bring proof of vaccinations to the first class- **DO NOT bring dog to first class.** Workbook and supplies are included in the class fee.

Smith Rd School/Front Room (East Front Door) \$98

6 Mondays	Session I	January 23	6:00-7:00pm	Register before Jan. 16
	Session II	March 13	6:00-7:00pm	Register before Mar. 6

FAMILY DOG BASICS

For dogs over 18 weeks or kindergarten graduates. This class teaches manners, "sit, down, stay, come, leave it", walking on a leash without pulling, and how to address problem behaviors such as jumping on people. First class is for owners only. Bring proof of current vaccinations to first class - **DO NOT bring dog to first class.** Workbook and supplies are included in the class fee.

Smith Rd School/Front Room (East Front Door) \$98

6 Mondays	Session I	January 23	7:15-8:15pm	Register before Jan. 16
	Session II	March 13	7:15-8:15pm	Register before Mar. 6

ADVANCED DOG TRAINING

For those who have taken the Family Basic Dog Training course (pre-requisite) and want to learn more advanced techniques or who would like to train your dog to do therapy work this is the class you want. Dawn has been teaching dog obedience for over 15 years, has helped raise and train 8 service dogs and trained dogs for therapy work and dog competitions. Take it from basic training and improve your dog's behavior and skills including overcoming distractions. He or she will be prepared to take the AKC Canine Good Citizen or Therapy Dog Test after completing this course (optional).

Smith Rd School/Front Room (East Front Door) \$98

6 Thursdays	January 19	6:00-7:15pm	Register before Jan. 11
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CABINET MAKING

This is an awesome opportunity that we are pleased to bring to any serious wood-craft student! Scott has a beautiful, fully equipped workshop where this class will take place. He has been designing and making quality custom wood furniture for over 25 years and has several years of experience teaching students like you who may come in with a keen interest but no skill or experience. This is a REAL craft project - NOT a kit. A wide range of skills are taught beginning with safe tool and equipment use and progressing through the use of tools including scrapers, planes, chisels and saws. Learn proper use of power tools such as table saws, routers, planers & jointers. Every student will construct a cabinet from solid stock lumber including the carcass, face frame, frame and panel door, dovetail drawers and router made moldings. (see sample in the Adult Ed. office) All supplies are included in the registration fee. You will take your completed (un-stained) cabinet home with you on the last night. A limited number of students are accepted for each class-so that personal attention can be given to each. - **Register Early!**

6 Wednesdays	6:00pm-9:00pm	\$375
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March 1	Register before Feb. 22
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Cabinet Maker's Workshop (directions with registration)





Fitness Options

CARDIO AND TONE

Look good and feel good about yourself! Join our merry band of exercise mavens and enjoy your workout in a fun class that includes aerobic cardio-building moves, strength training and general conditioning exercises. We start at the top and work down—never forgetting that very important bottom. The ladies in this class tell us they have a good time doing something good for themselves. Our instructor, Laurie is a nationally certified trainer. Bring friends and encourage each other—How much fun can exercise be? Join us and see! Bring mat, two small hand weights and water bottle.

8 Mon. & 8 Wed. 6:30-7:30pm \$55
Session III - January 30 *Register before Jan. 23*
Session IV - March 29 *Register before Mar. 22*
Bedford High School/Lunchroom

FIGURE FACTORY

This class was designed with a focus on increasing flexibility and effective stretching, while strengthening and firming muscles to achieve all over body tone. A unique blend of exercises target abdomen, waist, hips, thighs and arms. This is the total body workout without the stress of aerobics! Better muscle tone speeds up metabolic rate, which in turn burns body fat more efficiently. This is your class for a sensible and healthy exercise regime! All programs are choreographed to a variety of music. 1 to 2 lb hand held or wrist weights are recommended but not required. Please bring an exercise mat and dress comfortably.

Debbie Burton instructor.
8 Tues. & 8 Thur. 7:00-8:00pm \$55
Session III - February 9 *Register before Feb. 2*
Session IV - April 11 *Register before Apr. 5*
Bedford Jr. High/Lunchroom

INTERVAL CIRCUIT TRAINING

Come enjoy Bedford's Regnier workout room! This large facility has the machines to help get your body back to the way you would like it. By alternating short intervals of aerobic exercises with weight exercises you will tone and strengthen your arms, chest, upper back, core, hips, thighs and calves while burning calories and improving lungs and heart function. You will participate in safe stretching exercises and receive instruction on the use of each piece of equipment properly for your body size. Once you know the routine you can work at your own pace. This class is unisex - couples can work together to improve fitness.

8 Tues. & 8 Thur. 7:00-8:00pm \$55
Session III - February 2 *Register before Feb. 2*
Session IV - March 30 *Register before Mar. 23*
Bedford High School/Weight Room

YOGA

Yoga is an ancient system of uniting your mind, body, and spirit. It is a beautiful way to strengthen the physical body while simultaneously releasing stress. Develop flexibility, strength, concentration and relaxation in a balanced way. In Yoga we begin where we are, so no experience is necessary. Many levels will be shown to accommodate students of all levels. Inform instructor of any medical issues so she can make allowances for your ability. Please wear flexible clothing and bring a yoga mat and towel. Students will work in bare feet.

8 Wednesdays 6:30-7:30pm \$64
Session III - February 1 *Register before Jan. 25*
Session IV - March 29 *Register before Mar. 22*
Jackman Rd. Elem/Lunchroom

HOW TO REGISTER

Online, by mail, or in person
Pay by Credit, Check or Cash
See page 23 for registration information

CARDIO DRUMMING

The latest fitness craze that can burn up to 900 calories an hour in a full-body exercise that combines conditioning moves and cardio interval training with the fun of drumming. Fast paced but easy to learn and pick up. And it is good for the brain and body. Equipment will be provided for the first 20 registrants or bring your own exercise ball, 5 gallon drum container and drum sticks. A protein shake will be provided free of charge at the first 2 classes.

4 Tuesdays 6:30-7:30pm \$25
Session I - January 17 *Register before Jan. 10*
Session II - February 14 *Register before Feb. 7*
Smith Rd. School/Front Room

INTRO TO NATURAL HEALTH & HEALING

Would you like to learn more about natural health but don't know where to start? If so, then this is the course for you! You'll start a personal health journal to evaluate your current lifestyle and observe how your behaviors can affect your health. We'll also explore naturopathy, which seeks ways for the body to heal itself. You'll find out about proper breathing techniques that enhance health, and you'll learn the value of hydrotherapy, diet, biorhythms, and fasting. Then we'll delve into vitamins, minerals, antioxidants, free radicals, and the basic requirements that constitute a healthy diet. We'll also look at herbal healing, aromatherapy, body therapies, massage techniques, osteopathy, chiropractic, T'ai Chi, reflexology, yoga, Feng Shui, therapeutic touch, natural remedies for common emergencies, and much more. By the end of this course, you'll have begun taking charge of your own health and healing!

Ed2go - www.ed2go.com/bedfordae 



Learn from
the comfort
of home!

24-Hour Access

Discussion Areas

6 Week Format

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners.

New course sessions begin monthly. Visit our website to view start dates for the courses that interest you.

Complete any of these courses entirely from your home or office and at any time of the day or night.

Prices start as low as: **\$98**

INSTRUCTOR LED ONLINE COURSES

Introduction to indesign CS6

Learn to design and create professional quality documents. Become comfortable with the tools and features of the program to produce the materials needed.

Performing Payroll in QuickBooks

Learn how to use QuickBooks 2013 to create paychecks, pay tax liabilities, and produce forms and reports.

Accounting Fundamentals

Give yourself skills that are in high demand by exploring corporate accounting with a veteran instructor.

Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

A to Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language.

Introduction to Final Cut Pro X

Make the leap from home video enthusiast to professional video editor using Apple's revolutionary Final Cut Pro X editing software.

Understanding Adolescents

Gain a deeper understanding and appreciation of your adolescent's development and behavior.

Praxis Core Preparation

Develop the knowledge and skills you need to pass the Praxis Core Exam as you review and prepare for everything the test includes.

Introduction to CSS3 and HTML5

Learn to create state-of-the-art Web sites using modern CSS3 and HTML5 techniques.

Jump-Start Your Career

Learn how to use LinkedIn, a free and popular job search and career development tool, and gain the power of the Internet to expand your professional network.

Genealogy Basics

Learn where to look, who to contact, and how to use research tools to begin an exciting and fascinating exploration of your roots.

Effective Business Writing

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

Fundamentals of Supervision and Management

Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts.



Enroll Now!

www.ed2go.com/bedfordae

(734) 850-6050

Over 300 online courses available





Certificate Programs

EARN A CERTIFICATE

**Online Programs: Learning Anytime,
Anywhere - Just a click away!**

<http://careertraining.ed2go.com/bedfordae>

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Features:

- Facilitators and mentors are available to answer questions and help you through your studies.
- Career Counselors will help you prepare for the transition from the classroom to the workplace.
- Courses are all open-enrollment and self paced.
- No additional charges - all materials, workbooks, and software are included in the course fee.
- Payment plans available.

Administrative Medical Specialist - Medical Billing & Coding
 Administrative Dental Assistant
 Certified National Pharmaceutical Representative
 Clinical Dental Assistant
 Fitness Business Management
 Optical Certification Training
 Personal Training & Group Exercise Training for Older Adults
 Pharmacy Technician
 Veterinary Assistant
 AutoCAD 2015 Certified User
 Cisco® CCNA® Certification Training
 Help Desk Analyst: Tier I Support Specialist
 Comp TIA® Security & Certification Preparation
 Basic CompTIA A+ Certification Preparation
 Video Game Design and Development
 Casino Poker Dealer
 Certified Wedding Planner
 Travel Agent Training
 Certified Green Supply Chain Professional
 Certified Indoor Air Quality Mgr.
 Freight Broker/Agent Training
 Home Inspection Certification
 HVACR Design Technician
 Marketing Design Certificate
 Paralegal



PEARSON VUE TEST CENTER

Bedford Adult Education is pleased to announce that we are now a licensed Pearson VUE testing center. Computer based testing is available for Graduate Equivalency Diploma, IT certification, teacher certification and many other professional exams. Call for information.....734-850-6050.

HIGH SCHOOL EQUIVALENCY PREP and BASIC SKILLS

The NEW GED test will requires higher level skills. Be sure you have them and are prepared to pass all parts of the test by taking classes here at Adult Education.

Mon., Tues., Wed., & Thurs. 5:30-8:30pm
Class starts Monday, February 6



Class is FREE to Michigan residents 18 and older. Registration fee of \$25. You must present a photo ID that proves age and residency at registration. Basic skills brush up and Graduate Equivalency Diploma test preparation enhanced by family and workplace literacy classes will bring you to the reality of self-satisfaction and gainful employment.

HOW REGISTER FOR CLASSES

Motivated and dedicated individuals are invited to apply for placement on Monday, January 23 between the hours of 10:00am and 4:30pm at the Adult Education Office-1623 W. Sterns Rd. Registrations will be accepted until class is full. Bring photo ID and registration fee of \$25.00



Technology for Everyone

TOP 10 THINGS YOU NEED TO KNOW

ABOUT USING YOUR I PHONE and I PAD

There are so many things you can do on an Ipad/Iphone! Not sure where to get started? This is just what you need to learn. We will cover the settings, setting up your calendar, browsing the web and managing and installing those “must have” apps on the Ipad or Iphone. Be sure to bring your device!

1 Tuesday 6:30-8:00pm \$30
February 7 Register before Jan. 31
Smith Rd School/Tech Lab

INTRO TO SOCIAL MEDIA

People are more connected than ever with all of the social media tools available. Not sure of the difference between a tweet or a post? Want to learn more about Facebook, Twitter, and Instagram? Join us to learn more about the basics of social media. We will discuss the different tools, getting started, and how to keep your privacy protected.

1 Tuesday 6:30-8:00pm \$30
February 21 Register before Feb. 14
Smith Rd School/Tech Lab



INTERNET & EMAIL

Learn the basics of the Internet, how to navigate the web, how to use browsers and search engines, all about “netiquette” and how to maintain security. Then we’ll move on to e-mail basics including: how to send and receive messages, attaching files, deleting, saving and organizing messages, setting up a signature, maintaining an address book, calendar and email etiquette rules.

2 Mondays 6:30-9:00pm \$60
March 20 Register before Mar. 14
Bedford High School/A-17



Computers for Seniors

BASICS COMPUTER SKILLS

LEVEL I for Seniors

We’ll cover all the basics of computer usage, but at a slower pace for those who are no longer in a hurry. Learn the parts (hardware) and programs (software), terms, icons, and how to type letters and simple documents and print them with ease. Don’t be intimidated by the machine - you’ll feel comfortable and confident by the time you finish this class.

4 Tuesdays 4:00-5:30pm \$68
April 4 Register before Mar. 28
Bedford High School/A-17

BASIC COMPUTER OPERATIONS

If you have a new computer or are new to using a computer this is where you begin. This class is about the operating system that allows your computer to function. We’ll show you how to navigate the desktop and use all the necessary functions; how to work the mouse, the task bar, toolbars and menus. Learn how to save to folders, use find, explore and more. You’ll leave this class with a thorough understanding of using your computer.

3 Thursdays 6:30-8:00pm \$66
January 26 Register before Jan. 19
Bedford High School/A-17

INTRO TO EXCEL

This is one of the most used software programs today because of it’s versatility! It is used for personal bookkeeping and information organization, as well as for business operations. In this class we will cover the Excel environment, including cells and cell references, arithmetic operations and functions, how to format, use fonts, patterns and borders, column insertion, deletion and sizing, creating and editing charts, and all basics.

3 Thursdays 6:30-8:00pm \$68
February 16 Register before Feb. 9
Bedford High School/A-17



A BEGINNERS GUIDE TO ANDROID

Learn to use your Android phone or tablet to its fullest. Discover tips and tricks as well as useful apps and fun games. Set up a Google account and learn how to navigate using Google’s operating system to get the most out of your device. Learn to link your email, calendar and contacts between your device and computer and how to back all of it up in the cloud, including all of your photos.

1 Monday 6:30-8:00pm \$30
January 23 Register before Jan. 17
Bedford High School/Media Center



BASIC SKILLS LEVEL II FOR SENIORS

If you have taken the beginning Computer for Seniors class or have just a basic knowledge about your computer, this is the class for you! We will cover the concepts of the Window system, word processing, how to change text styles, print sizes and colors, how to produce letters and other documents, how the filing systems works, what files are for and how to organize them, how to best use the recycle bin, how you can enhance your desktop and make it easier to find what you are looking for. Make tasks easier by learning the proper methods.

3 Tuesdays 4:00-5:30pm \$50
May 9 Register before May 2
Bedford High School/A-17



Connected Parents

Take all the classes in the series for your best outcome or take whichever ones you can. These classes are meant to help our parents with children who are participating in the one-to-one initiative.

CONNECTED PARENTS & WHAT YOUR KIDS KNOW THAT YOU DON'T: INTERNET SAFETY FOR PARENTS

What is a connected parent? We will discuss its many different meanings. Learn safety tips and tools to aid children in becoming responsible digital citizens. Parents will also learn how to become a "connected" parent through the use of such tools as Twitter, Pinterest, Edmodo, Schoology and more.

1 Tuesday 6:30-8:00pm \$25
January 24 Register before Jan. 17

HOW TO REGISTER

Online, by mail, or in person
Pay by Credit, Check or Cash
See page 23 for registration information

GOOGLE APPS FOR EDUCATION

Come and learn about Google Apps for Education. Parents will learn how to help and monitor their child's work at school. Google Apps allows the parents to see what their child is doing in "real time" (actual time of occurrence) and be able to help and assist them with their school work. Google apps help parents and teachers remain on the same page while supporting and helping one another which guarantees success for children across the board. Learn how to get a FREE Google account.

1 Tuesday 6:30-8:00pm \$25
February 14 Register before Feb. 7



TOP APPS FOR ELEMENTARY CHILDREN

Does your child have an iPod touch or a tablet and you are not sure of what are the most appropriate apps for them to use? Join us for a great, fun session where we will play with a variety of apps that are appropriate for elementary students. You will walk away with a great list! (Parents are welcome to bring their child with them and their device).

1 Tuesday 6:30-7:30pm \$25
February 28 Register before Feb. 21

All Connected Parents sessions **will meet at Smith Rd. School** (Enter at the west front door and go to the right). Room 1 will be on your left. Please bring your child's chrome book and log in and password to the sessions.

GOLF SIMULATOR



Improve your swing during the off season.

Missing the links and spring/summer weather? Want to improve your golf game? Play a round of golf or use our driving range to get instant analysis on your golf swing. You can even practice putting, chipping and any and all aspects of your golf game. The simulator uses tracking and camera technology to provide accurate measurements like ball spin and speed, launch angle, and shot direction. You can choose from over 60 different courses. So you never get bored and can play as often as you want.

Times fill quickly so call 734-847-4915 now to reserve your "tee" time.
Forest View Lanes 2345 W Dean Rd. Temperance, MI

KARATE PROGRAM BEDFORD SEIWA KAI

TUESDAY & SATURDAY CLASSES ARE HELD AT
DOUGLAS RD ELEMENTARY GYM
THURSDAY CLASSES ARE HELD AT
JACKMAN RD ELEMENTARY LUNCHROOM



Head Instructor: Sensei Mark Cramer 6th Degree Blackbelt

Assistant Instructors:

Chris Perry

3rd Degree Blackbelt

Abbi Reau

1st Degree Blackbelt

Emily Mata

1st Degree Blackbelt

Promotions by Bedford Seiwa Kai are free of charge, and will be conducted ONLY on April 1! Official Dan Ranking (Blackbelt) can be obtained through Seiwa Kai and JKF Goju Kai. Winter Session: REGISTER BY JANUARY 13

KARATE - PEE WEE (Grades K-2)

This course is specifically designed for the young Karate students grades K-2. In addition to receiving instruction in the basic techniques of Japanese Goju Ryu Karate-do, our youngest students will receive developmental instruction in body coordination, flexibility, self-discipline, listening skills, and team work.

\$70 Saturday 10:00-11:00am

Winter Session: January 28 - April 8

NEW STUDENTS & RETURNING STUDENTS

Students will receive instruction in traditional Japanese Goju Ryu Karate-do. Stretching and strengthening the body (junbiundo), basic techniques (kihon), traditional formal exercises (kata), and sparring strategy (kumite) will be the major focus of this class. All will receive expert age-appropriate instruction, attention and assistance in class.

Level: 3rd, 4th and 5th Grade — Beginner through Black Belt

\$130 Thurs. 6:30-8:00pm & Sat. 11:30am-1:00pm

Winter Session: January 26 - April 8

Level: 6th Grade though Adult — Beginner through Black Belt

\$130 Tues. 6:30-8:00 pm & Sat. 11:30am-1:00pm

Winter Session: January 24 - April 8

ADVANCED GOJU RYU / KOBUDO CLUB

The focus of this class is on the needs of brown belt and black belt students (3rd kyu and above). The kata, kumite, and bunkai which are required at the Dan (black belt) level is emphasized in this class. Moreover, in this class the student will learn the advanced kata of kobudo (Okinawan weapons). Both Bo (staff) and Sai (short swords) kata are taught in this class. (Green belts are allowed to take this class with the approval of one of the instructors.)

Level: 3rd, 4th and 5th Grade Thur. 8:05-9:20pm

Winter Session: January 26 - April 6

Level: 6th Grade though Adult Tues. 8:05-9:20pm

Winter Session: January 24 - April 4

All Levels Fee: \$70 Current Student fee / \$80.00 Non Student fee

Tournament
Great Lakes Seiwa-Kai
Goju Ryu Karate-Do
Friendship
Tournament
Saturday, April 1
Douglas Rd Gym
Registration at 9am
Competition at 10am

KARATE REGISTRATION FORM - Winter 2017

Student's Name: _____ Phone Number: _____

Parent's Name: _____ Work/Cell Phone: _____

Address: _____ City: _____ Zip: _____

D.O.B. ___/___/___ Age: _____ Current Belt: _____ Fees Paid: _____

E-Mail Address: _____

Please register the above student for the following appropriate level class(es):

_____ Pee Wee _____ Thursdays (3rd , 4th, 5th Grade) _____ Tuesdays (6th - Adult)

_____ Adv. Goju Ryu / Kobudo Club (3rd, 4th, 5th) _____ Adv. Goju Ryu / Kobudo Club (6th - Adult)

Release for Karate Program, Adult Fitness Classes, Youth Programs

All students who wish to participate in a karate, exercise, sport leagues, or recreation class must first complete a Release of Liability waiver. This must be on file with the office before a student can participate. ***Please download the required health and release forms from the Community Education/Adult Education website and bring the completed forms to the first class**.*

BEDFORD COMMUNITY EDUCATION 22nd ANNUAL *Daddy Daughter Dance*

Join us for the 22nd Annual Daddy Daughter Valentine Dance. Daddies (Uncles, Grandpas, etc) can escort their special girls to this evening of dancing and fun. This is a semi-formal event so dress your best! Pictures will begin at 6:30pm in the gym and will continue throughout the night. Pictures will be mailed to your home, and a variety of packages and price ranges are offered. Music will be provided by a DJ. Cookies, snacks, and punch will be served.

WHO: Bedford girls from K thru 8th grade & their “Daddies”
Note: This is an event designed for the girls, grades K-8, and their “Daddies” only! Please, no unregistered guests, including moms, brothers, and younger siblings.

WHEN: Saturday, February 4, 2017 7:00-9:00pm
Doors will not open until 6:30pm

WHERE: Bedford High School Gym, Dean Road Entrance

COST: \$12.00 per person (*girls in K-8th and “daddy” only*).

NOTE: To make this evening even more special, Community Ed will provide each girl with a corsage and special artist created necklace at check-in.

~TICKETS WILL BE AVAILABLE FOR PURCHASE ~

Monday, January 9 through Friday, January 27

from 8:00 to 4:00pm Monday - Friday

at the Bedford Community Education office at 1623 W. Sterns - Temperance, MI.

One Evening Only!:

Tuesday, January 17 from 4:00-6:00pm at the

Adult Education office at 1623 W. Sterns - Temperance, MI.

“DADDY/DAUGHTER DANCE” VOLUNTEERS

We will need a limited number of ladies to help with activities at the dance. If you would like to help, please sign up at the Community Education Office when purchasing tickets. **You will receive a call only IF you are needed.**



GYMNASTICS

All Classes are \$55.00/6 weeks
 All Classes are held on Saturdays
 All Classes are held at Jr. High Gym

DEADLINE to Register:
 Session I - January 18
 Session II - March 22
 No Class: Jan 28, Feb 18, Mar 4



TUMBLEBUGS

Session I January 21 10:00-10:45am
 Session II March 25 10:00-10:45am

This class is for children 3 1/2 to 5 1/2 years old. Instruction in beginning tumbling and basic movement skills are planned for the young child. Instruction is on the floor, as well as apparatuses. Parental involvement is required. Wear comfortable clothes (shorts are preferred). **Class size is limited. REGISTER EARLY!**

CARTWHEELERS

Session I January 21 10:45-11:45am
 Session II March 25 10:45-11:45am

This class is recommended for anyone who has never taken a gymnastics class. Students will work on cartwheels, round-offs, one arm cartwheels, and rolls. Strong basic skills help gymnasts acquire difficult skills more easily. **Class size is limited REGISTER EARLY!**

Please note for all gymnastic classes due to health reasons in using the mats, participants need to have hair clean and tied back. Please wear snug fitting, comfortable clothing, leotards or shorts and t-shirts, please no jeans.

FLIPPERS OR HANDSPRINGERS

Session I January 21 11:45-12:45pm
 Session II March 25 11:45-12:45pm

FLIPPERS

This class is recommended for students with past gymnastics class experience. Students should have a strong cartwheel, round-off, and one arm cartwheel. Students may join with instructor permission if skill level is questionable. Students should be ready to begin work on front limbers and back kick-overs.

HANDSPRINGERS I

This class is recommended for gymnasts with past gymnastics experience. Students should have a strong one arm cartwheel and either a strong back kick-over or a front limber. Students should be ready to work on front and back walkovers.

HANDSPRINGERS II

This class is recommended for gymnasts who have completed Handspringers I who want to advance to more complex skills. Students will perfect their skills on the beam and vault, including floor work on back-hand-springs, and round-off back-hand-springs. Students should have completed Hand-springers I and have a good attempt on a back-hand-spring,



Youth Enrichment



DOLL ACCESSORIES

Ages 9-up. Make adorable accessories for the popular 18" dolls including food, clothing and items to use in creative play.
 2 Thursdays 4:00-5:30 pm \$75
 February 23 Register before Feb. 16
 Jackman Rd Elementary/Art Room



CLAY PLAY CLASS Session 1

Ages 9-up. Fun with Clay! Make Beautiful pieces of art while having fun. Pinch pots, coil and slab techniques will be included in the instruction. A second session will be available.
 2 Thursdays 4:00-5:30 pm \$85
 March 23 Register before Mar. 16
 Jackman Rd Elementary/Art Room



BATON TWIRLING

Learn to twirl. Basic twirling moves will be covered and learn a routine for a performance at half-time during the Boys Varsity Basketball game on Friday, February 17. The baton is included in the class price. Instructions for performance given at class.
 5 Thursdays 6:00-7:00pm \$70
 January 19 Register before Jan. 12
 United Methodist Church at Dean and Douglas.



Youth Enrichment

SAFE SITTER

For students in grades 6-8. Safe Sitter is medically oriented instruction series that teaches boys and girls ages 11-13 how to handle emergencies when caring for young children. It is a 7 hour program with actual hands-on training in the following areas: basic lifesaving techniques, safety precaution to prevent accidents, how to activate the emergency system, and tips on basic child care. Bring a sack lunch to class. **Class limit of 12.**

1 Saturday 9:00am-4:00pm \$58
March 4 Register before Feb. 28
Bedford Ad Min Blg/Open Door



SELFIE GROUP: Sharing Empowerment Learning from Individual Experiences

This art therapy group is for girls in 5th and 6th grade. Each week we will do MIXED media visual journals and exploring how society views and influences and impacts us. Each session will explore a new topic: society vs you, exploring self-image, empowerment, and courage to be you. We will explore these areas while working in the visual journal. The journals will be provided and a take-home at the end of the series. This is all about empowerment and the courage to be who you are.

4 Wednesdays 4:30-6:00pm or 6:00-7:30pm \$50
January 18 Register before Jan. 11
Bedford Behavioral, Schoolhouse Commons - Ste. 120

BASKETBALL SKILLS TRAINING - Grades 3-11

BASKETBALL SKILLS TRAINING Girls Grades 3-11 Boys Grades 3-7

Med Barr, teacher & coach, and Dylan Barr, 3 year varsity player, will provide a high intensity training program guaranteed to take your game to the next level. The focus of the program will be twofold: 1.) Shooting form-coaches will break down the art of shooting, teaching proper technique and footwork. Coaches will provide numerous drills to continue to build an elite touch for shooting the basketball. 2.) Ball handling-coaches will break down the art of ball. Exposure to hundreds of drills to take their ball handling skills to the next level. Drills will include: Stationary ball handling (1ball/2 ball), ball handling on the move (1ball/2ball), ball moves (Iverson Cross/Hardaway Cross/Crawford Behind the back) and lastly exposure to double moves.

1 hour sessions, 2 days a week \$100
1 hour sessions, 3 days a week \$150
2 hour sessions, 2 days a week \$200
2 hour sessions, 3 days a week \$300
Session I: Jan 9 - Feb. 3
Session II: Feb. 6 - Mar. 3
Session III : Mar. 6 - 31
TRE Gym 4 Weeks Days & Times Scheduled with instructor



BOWLING LEAGUES

Do you like to bowl? Want to learn the game? Student leagues forming at Forest View Lanes. This league offers a chance for students in grades K-12 to learn and/or improve their game in a 10-week league challenge. T-shirt, special events and awards included in the price.

Grades K-2 & 3-5 12:00-2:00pm
Grades 6-9/10-12 2:00-4:00pm
Session I January 21 Register before Jan. 13
Session II April 1 Register before Mar. 24
10 Saturdays \$100
Forest View Lanes 2345 Dean Rd Temperance, MI



ROLLERSKATING PARTIES AT OHIO SKATE

Come and join your friends in a night of rollerskating. Bedford Community Education is sponsoring a series of family skate nights for students K-8. **No pre-registration required, just pay at the door. CHILDREN MUST BE PICKED UP AT THE DOOR BY 8:30.** Parents, please feel free to stay, and even skate, volunteers are always needed to help supervise.

6:00-8:30pm \$5.00 includes skate rental
Dates: Jan. 19, Feb. 16, Mar. 16



HORSE RIDING LESSONS (English Style)

For students in grades 3-12. Saddle up and learn to ride. Four private lessons in English Style riding. Lessons are held at Fox Meadow Farm located at Secor and Temperance Road. Outdoor facility is utilized as weather permits. Please wear jeans or long pants & shoes or boots to class.

4 Private Lessons \$180
Times scheduled after registration
Fox Meadow Farm 9141 Secor Temperance



PLYOMETRIC SPEED AND JUMP TRAINING Grades 5-11

Training method used consists of fast twitch muscle specialization. If you want to be fast and explosive, you need to train fast and explosive. Program includes:

- The Assessment - athletes will be tested & timed in a variety of ways to measure improvement
 - Dynamic warm-up and muscle activation
 - Speed, agility, and quickness training
 - Vertical jump training
- 1 hour sessions, 2 days a week \$100
1 hour sessions, 3 days a week \$150
Session III : Mar. 6 - 31
TRE Gym 4 Weeks Days & Times Scheduled with instructor

COMBO TRAINING Grades 5-11

Plyometric training combined with Basketball Skills training.
1 hour sessions, 2 days a week \$200
2 hour sessions, 3 days a week \$300
Session III : Mar. 6 - 31
TRE Gym 4 Weeks Days & Times Scheduled with instructor

COED PRE-BASKETBALL LEAGUE 2017 (4-5 year olds)



The Bedford Youth Coed Basketball League is open to all boys & girls 4-5 years old, who would like to learn to play basketball on an organized league. Basket height will be adjusted. Bedford residents have priority in being placed on a team. Space remaining is open to other communities depending on the number of participants, volunteer coaches, and facility space. Registrations are on a first come first serve basis. League size depends on the number of volunteers and facility space.

Who: Children who are aged 4-5 years old.

When: Practices to begin Tuesday, January 24th. All practices on Tuesday
Games will be played on Saturdays, beginning on February 4, 2017.

Where: Games and practices will be played in various Bedford school gyms.

Coaches: Volunteers are a must to coach all teams. If you or someone you know would like to help, please fill out and return the coaching form below.

Coaches Meeting: There will be a MANDATORY meeting for all coaches and assistant coaches on Thursday, January 19 at 6:30pm, in the Administration Building Ste. 6. We have tips & training aids for new coaches. ANYONE WHO SIGNS UP TO COACH SHOULD PLAN TO ATTEND WITHOUT ANY FURTHER NOTICE! Coaches and assistant coaches joining the league after the scheduled meeting must contact the league director before coaching a team.

Fee: \$58.00 (includes team shirt, equipment costs, administrative costs, medals, official's fees for 4 league games, and all other program expenses). Refunds will only be issued if requested before January 19th. Refunds requested after January 19st, will be 50% of the registration fee. No refunds will be issued after January 27! A \$5.00 service fee will be deducted from all refunds. An additional \$5.00 late fee will be charged if you are placed on a team after the deadline (if space permits).

Deadline: Friday, January 13, 2017. NO SPECIAL TEAM REQUEST! Registrations received after the deadline will be accepted only if space still remains on the existing teams. A minimum of 4 teams is required to hold this league.

For further information call the Community Education office at 734-850-6036.

2017 PRE-BASKETBALL PLAYER'S REGISTRATION - AGES 4-5 YEARS

Name: _____ Phone: _____

Parent's Name: _____ Work/Cell Phone: _____

Address: _____ City: _____ Zip: _____

E-Mail: _____

Age: _____ Please Circle: BOY GIRL Team Shirt Youth Size: YS YM YL

Do you have a friend you would like to be paired with _____

PRE-BASKETBALL COACHING REGISTRATION (only 2 coaches per team)

Name: _____ Home Phone: _____ Work/Cell Phone: _____

Address: _____ City: _____ Zip: _____

E-Mail Address _____

I'd like to (circle one): COACH ASSIST Name of Child whose team you wish to coach _____

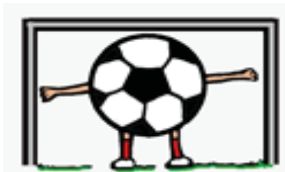
Driver's License Number _____ Date of Birth ____/____/____

Name of person you wish to coach with: _____

Note any days and times you absolutely cannot practice: _____

Coach's Shirt is free. Please circle: AM (38-40) AL (42-44) AXL (46-48) AXXL (50-52)

Will you be able to attend the coaches meeting? YES NO



Bedford Community Education PRE-SOCCER "EVENING" SPRING LEAGUE 2017



Co-Sponsored by Bedford Public Schools
& Bedford Parks Commission

The purpose of this Soccer league is to introduce our pre-schoolers to Soccer. Basic skills are taught to give children an opportunity to enjoy playing organized sports. In order to give all players maximum participation, league rules require every player to play the entire game. The emphasis in this league will be on skill development, good sportsmanship, active participation, and fun.

Who: Children who are aged 3 1/2-5 years old.

When: Practices to begin May 2nd. The first 2 weeks are practice only on Tuesdays, 5:30-6:30pm or 6:30-7:30pm. Games begin on May 16 at 5:30 or 6:30pm. The season is scheduled to end with the last game on June 6th.

Where: Games are scheduled at Indian Creek Park (on Douglas Road, between Dean and Consear Roads, across from White Park). Practices are at Indian Creek Park.

Coaches: Volunteers are a must to coach each of the soccer teams. If you, or someone you know would like to help, please fill out and return the coaching form below. Two coach limit per team. One adult coach is required.

Coaches Meeting: There will be a mandatory meeting for all coaches and assistant coaches on Tuesday, April 25th at 6:30pm in the Administration Building Ste. 6. We have tips & training aids for new coaches. ANY ONE WHO SIGNS UP TO COACH SHOULD PLAN TO ATTEND WITHOUT ANY FURTHER NOTICE! Coaches and assistant coaches joining the league after the scheduled meeting must contact the league director before coaching a team.

Fee: \$49.00 (includes team shirt, 4 league games, medals, field upkeep & refs) Refunds will only be issued if requested before April 28. Refunds requested after April 28 will be 50% of the registration fee. No refunds will be issued after May 5th. A \$5.00 service fee will be deducted from all refunds. An additional \$5.00 late fee will be charged if you are placed on a team after the deadline.

Deadline: Friday, April 7, 2017 -NO SPECIAL TEAM REQUESTS.

For further information call the Community Education office at 734-850-6036.

PRE-SOCCER PLAYER'S REGISTRATION 2017 - AGE 3 1/2 - 5

Name: _____ Phone: _____

Parent's Name: _____ Work Phone: _____

Address: _____ City: _____ Zip: _____

E-Mail: _____

Age: _____ Please Circle: BOY GIRL Team Shirt Size: YS YM YL

List all siblings playing in this league _____

PRE-SOCCER COACHING REGISTRATION

(only 2 coaches per team)

Name: _____ Home Phone: _____ Work Phone: _____

Address: _____ City: _____ Zip: _____

I'd like to (circle one): COACH ASSIST

Name of Child whose team you wish to coach _____

Name of person you wish to coach with: _____

Will you be able to attend the coaches meeting? YES NO

Coach's shirt is free (circle one): MED (38-40) LG (42-44) XL (46-48) XXL (50-52)



COED VOLLEYBALL LEAGUE WINTER 2017



The Bedford Youth Coed Volleyball League is open to all boys and girls grades 3-12 who would like to improve their volleyball skills. The purpose of the league is to teach volleyball skills, rules, and techniques, as well as to have an opportunity to have fun playing games in an organized league. The leagues will be divided into three divisions:

Grades 3-5 Grades 6-8 Grades 9-12

Bedford residents have priority in being placed on a team. Space remaining is open to other communities depending on the number of participants, volunteer coaches, and facility space. Registrations are on a first come basis. League size depends on the number of volunteer coaches.

When: Practices will be scheduled beginning Monday, March 6th. Games will begin March 18th. A tournament will be scheduled.

Where: Practices and games will be played in various Bedford school gyms.

Fee: **\$74.00** (includes team shirt, equipment costs, administrative costs, official fees for 6 league games and tournament, and all other expenses). Refunds will only be issued if requested before March 2nd. Refunds requested after March 2nd will be 50% of the registration fee. No refunds will be issued after March 16th. A \$5.00 service fee will be deducted from all refunds. An additional \$5.00 late fee will be charged if you are placed on a team after the deadline (if space permits).

Team Assignments: Players will be assigned to teams randomly by the league director. **NO REQUESTS FOR A SPECIFIC TEAM.** Players will be called by their coach to notify them of their practice days, times, and location.

Coaches: Volunteers are a must to coach all teams. If you would like to coach, please fill out the coaching form below.

Coaches Meeting: There will be a mandatory coaches meeting on Wed., March 1st at 6:30pm in the Administration Building Ste. 6. We have tips & training aids available for new coaches. *Anyone who signs up to coach please plan to attend without any further notice.*

Deadline to Register is Friday, February 17. Registrations received after the deadline will be accepted only if space still remains on the existing teams, and there will be an additional \$5.00 late fee charged for a player who is placed on a team from the wait list.

REGISTER IN PERSON OR BY MAIL TO: Community Ed Office 1623 W Sterns Rd Temperance, MI 48182
Payment, to Bedford Public Schools, MUST accompany your completed registration form.

Don't forget to download and complete your health & release form. Bring to 1st practice.

Coed Volleyball League 2017- Player's Registration Form

Name _____ Home Phone _____
 Parent's Name _____ Work/Cell Phone _____
 Address _____ City _____ Zip _____
 E-Mail: _____
 Height: ___ft. ___in. Age _____ Grade _____ School Attending _____
 Years of Experience: _____ Team T-shirt Size: Circle one: AS AM AL AXL
 List all immediate family members who are playing in this league _____
 Do you have a friend you would like to be paired with _____
 Exact days & times you absolutely **CANNOT** practice _____

Coed Volleyball 2017 - Coaching Registration (coaches only)

Name _____ Home Phone _____
 Address _____ Work/Cell Phone _____
 I'd like to (circle one): Coach Assist Name of child you wish to coach _____
 Coaches Date of Birth ___/___/___ Driver's License State & Number _____

Exact days & times you absolutely **CANNOT** practice _____

Please list your preference for practice times based upon the following times: (circle two choices)

Days available: MON TUES WED THURS FRI Times available: 6-7 7-8 8-9 (pm)

Name of person you wish to coach with _____

Coach's shirt is free: (circle one) AM (38-40) AL (42-44) AXL (46-48) AXXL (50-52)

For further information call Community Education 734-850-6036



K-3 COED "March Madness" BASKETBALL LEAGUE



Winter 2017

The Bedford Youth Coed Basketball League is open to all boys & girls in grades K-1 & 2-3 who would like to learn to play basketball on an organized league. Basket height will be adjusted for grades K-1. Bedford residents have priority in being placed on a team. Space remaining is open to other communities depending on the number of participants, volunteer coaches and facility space. Registrations are on a first come first serve basis. League size depends on the number of volunteer coaches.

Who: Children who are in grades K-3.

When: Teams will practice on weeknights, beginning the week of February 20, 2017
Games will be played Saturdays, beginning March 4th.

Where: Practices and games will be played in various Bedford school gyms.

Team Assignments: Players will be assigned to teams randomly by the league director. **PLEASE, NO REQUESTS TO HAVE A CHILD ON A SPECIFIC TEAM.** Players will be called by their coach to notify them of their practice times and locations.

Coaches: Volunteers are a must to coach all teams. If you, or someone you know would like coach, please fill out and return the coaching form below.

Coaches Meeting: There will be a MANDATORY meeting for all coaches and assistant coaches. Coaches will meet Wednesday, February 15th at 6:30pm at the Administration Building Ste. 6. We have tips & training aids for new coaches. **ANY ONE WHO SIGNS UP TO COACH SHOULD PLAN TO ATTEND WITHOUT ANY FURTHER NOTICE.**

Fee: \$60.00 (includes team shirt, equipment costs, medals, administrative costs, officials's fees for 4 league games, and all other program expenses). Refunds will only be issued if requested before February 16th. Refunds requested after February 20th will be 50% of the league fee. No refunds will be issued after March 4th. A \$5.00 service fee will be deducted from all refunds. An additional \$5.00 late fee will be charged if you are placed on a team after the deadline.

Deadline: Friday, February 3, 2017 -Registrations received after the deadline will be accepted **only** if space still remains on the existing teams. A minimum of 4 teams per league is required to hold this league. For further information call the Community Education office at 734-850-6036.

Don't forget to download and complete your health & release form. Bring to 1st practice.

PLAYER'S REGISTRATION - K-3 COED "March Madness" BASKETBALL LEAGUE 2017

Name: _____ Phone: _____
Parent's Name: _____ Work Phone: _____
Address: _____ City: _____ Zip: _____
E-Mail: _____ Years of Experience _____
Age: _____ Grade: _____ Please Circle: BOY GIRL Team Shirt Youth Size: YS YM YL
Note exact days & times you absolutely **cannot** practice _____

K-3 COED BASKETBALL LEAGUE - COACHING REGISTRATION 2017 (only 2 coaches per team)

Name: _____ Home Phone: _____ Work Phone: _____
Address: _____ City: _____ Zip: _____
E-Mail Address: _____
I'd like to (circle one): COACH ASSIST Name of Child you wish to coach _____
Driver's License Number _____ Date of Birth ____/____/____
Name of person you wish to coach with: _____
Coach's shirt is free (circle one): MED (38-40) LG (42-44) XL (46-48) XXL (50-52)
Please list your preference for practice days and times based upon the following times:
Days Available: M T W TH F Times Available: 5-6pm 6-7pm 7-8pm 8-9pm



Co-Sponsored by Bedford Public Schools & Bedford Parks Commission

COED SPRING 2017 SOCCER LEAGUE



The Bedford Youth Soccer League is open to all boys and girls who will be in grades kindergarten through 8th in the spring of 2017. The league is divided into four divisions.

K & 1st grade 2nd & 3rd grade 4th & 5th grade 6th, 7th & 8th grade

Bedford residents have priority in being placed on a team. Space remaining is open to other communities depending on the number of participants, field space, and volunteer coaches.

When: Teams will practice weeknights, twice a week (once a week for K-1) beginning the week of April 24th. Practice times will be scheduled between 4:30pm and 7:00pm Monday through Friday. Games will be played Saturdays beginning May 6.

Where: Practices and games are played throughout Bedford Township, game sites will be at the north side of the soccer stadium behind the bus garage on Douglas Road.

Coaches: Volunteers are a must to coach each of the soccer teams. If you or someone you know would like to help, please fill out and return the coaching form below. Coaches must be over 18 years of age, and there is a limit of two coaches per team.

Coaches Meeting: There will be a very important meeting for all coaches & assistant coaches on Tuesday, April 4th at 6:30pm in the Administration Building Ste. 6. We have tips & training aids for new coaches. **ANYONE WHO SIGNS UP TO COACH SHOULD PLAN TO ATTEND WITHOUT ANY FURTHER NOTICE.**

Fee: \$68.00 (includes team shirt, officials for 6 league games & program expenses) Refunds will only be issued if requested before April 6th. Refunds requested after April 6th will be 50% of the registration fee. No refunds will be issued after April 16! A \$5.00 service fee will be deducted from all refunds. An additional \$5.00 late fee will be charged if you are placed on a team after the deadline (if space permits).

Deadline: DEADLINE TO REGISTER IS FRIDAY, MARCH 24, 2017- Registrations received after the deadline will be accepted only if space remains on the existing teams, and there will be an additional \$5.00 late fee charged for a player who is placed on a team from the wait list. No refunds after a teams second scheduled practice.

Team Assignments: Players will be assigned to teams randomly by the league director. **PLEASE, NO SPECIAL TEAM REQUESTS.** No requests honored for car pools. Players will be called by their coach after April 4th to notify them of their practice days, times, & location.

REGISTER IN PERSON OR BY MAIL TO: COMMUNITY EDUCATION OFFICE - 1623 W. STERNS RD. TEMPERANCE, MI, 48182 *Payment, to Bedford Public Schools, MUST accompany your completed registration form. Don't forget to download and complete your health & release form. Bring to 1st practice.*

SOCCER PLAYER'S REGISTRATION - SPRING 2017

Name _____ Age _____ Grade _____ Circle one: BOY GIRL
Address _____ City _____ Zip _____ Home Phone _____
Parent's Name _____ Work/Cell Phone _____
E-Mail: _____ Skill Level 1 2 3 4 5 (High)

List all immediate family members playing in this league _____

Is there someone you would like to be paired with _____

Note exact days and times you absolutely **CANNOT** practice _____

Team Shirt Size: Please circle: YS (6-8) YM (10-12) YL (14-16) or Adult S M L XL

SPRING 2017 SOCCER COACHING REGISTRATION (FOR COACHES ONLY)

Name _____ Home Phone _____
Address _____ City _____ Zip _____ Work/Cell Phone _____
E-Mail _____

I would like to: (Circle one) Coach Assist Grade Level: (Circle One) K-1 2-3 4-5 6-8

Coaches Date of Birth ____/____/____ Driver's License State & Number _____

Child you wish to coach _____ Person you wish to coach with _____

Please circle your preferences: Practice days: Mon Tues Wed Thur Fri Times: 4:30-5:30 5:30-6:30 6:30-7:30

Coach's Shirt is free. Please circle: AM (38-40) AL (42-44) AXL (50-52)

For further information call Community Education 734-850-6036



Co-Sponsored by Bedford Public Schools & Bedford Parks Commission

2017 Bedford Community Education COED STARTERBALL LEAGUE Completing Grades 1 & 2



This baseball league is specifically planned for the player who is ready for learning baseball strategies and hitting a pitched ball. Players will play baseball under regular Pee Wee baseball rules, including pitchers. A batting tee will not be used in this league. Coaches pitch in the game. Softer balls are used instead of hard baseballs. The major emphasis in this league will be on skill development, good sportsmanship, active participation and fun.

- Who: Boys and girls who are completing grades 1-2 this school year. (Boys who are in 3rd grade or will be 9 years old before August 1, 2017 are ineligible for Starterball and should plan to play 3-B Baseball.) Bedford residents have priority in being placed on a team. Space remaining is open to other communities depending on the number of participants, volunteer coaches, and field availability.
Practices: Tuesday and Thursday beginning Tuesday, May 9th. Practices will be held two nights a week until games begin. Practice times are scheduled between 4:00 and 7:45pm, Tuesday and Thursday, and are one hour.
Games: Games begin May 23th and go through June. Ten league games are scheduled with the exception for rainouts/heat. Games will be played: Tuesday and Thursday at 5:45 and 7:30. Rainouts or extreme heat make-up games will be attempted on Friday evening or Saturday morning.
Where: Practices are at various fields in Bedford Township. Games are played at Indian Creek Park, located on Douglas Road, behind the bus garage, across from White Park.
Coaches: Volunteers are a must to coach each of the softball teams. If you or someone you know would like to help, please fill out & return the coaching form below. Two coach limit per team, one adult coach required
Coaches Meeting: There will be a mandatory meeting for all coaches & assistant coaches on Thursday, May 4th, at 6:30pm, in the Administration Building Ste. 6. We have tips & training aids for new coaches. IF YOU SIGN UP TO COACH, PLAN TO ATTEND WITHOUT ANY FURTHER NOTICE.
Fee: \$68.00 (includes team shirt, officials for 10 league games & field maintenance & medal) Refunds will only be issued if requested before May 4th. Refunds requested after May 4th, will be 50% of the registration fee. No refunds will be issued after May 13th! A \$5.00 service fee will be deducted from all refunds. An additional \$5.00 late fee will be charged if you are placed on a team after the deadline.
Deadline: DEADLINE TO REGISTER IS Thursday, April 13, 2017- NO SPECIAL TEAM REQUESTS!! Players can sign up to be on the same team with one friend. Each person must list the other on the registration form. Forms must match for your request to be honored. Request made by players placed on a team after the deadline are not guaranteed.
To Register: In person or by mail to: Community Education 1623 W. Sterns Road - Temperance, MI 48182.

COED STARTERBALL PLAYER'S (Grade 1-2) REGISTRATION 2017

Name _____ Age _____ Grade _____ Height: _____ ft _____ in
Address _____ City _____ Zip _____ Home Phone _____
Parent's Name _____ Work/Cell Phone _____
E-Mail: _____

Number of years played in an organized league _____ Number of years pitching experience _____

Team Shirt Size: Please circle: YS - YM - YL - AS

Note exact days and times you absolutely CANNOT practice _____

Name of person you wish to be teamed up with (they must also list your name) _____

COED STARTERBALL (Grade 1-2) COACHING REGISTRATION (FOR COACHES ONLY)

Name _____ Home Phone _____

Address _____ City _____ Work/Cell Phone _____

Driver's License Number _____ Birthdate ____/____/____

I would like to: (Circle one) Coach Assist Child you wish to coach _____

Person you wish to coach with _____

Please circle your preferences: Practice Times: 4-5pm 5-6pm 6-7pm 7-8pm (Tuesday & Thursday)

Coach's Shirt is free. Please circle: AM (38-40) AL (42-44) AXL (46-48) AXXL (50-52)

GIRLS SLOW PITCH SOFTBALL LEAGUE Completing Grades 2-4

- Practices:** Monday and Wednesday beginning Monday, May 15th. Practices will be held two nights a week until games begin. Practice times are scheduled between 4:00 and 8:00pm, Monday and Wednesday, and are one hour.
- Games:** Games begin May 29th and go through July. Eight league games are scheduled with the exception for rainouts/heat. Games will be played evenings: Monday and Wednesday at 5:45 and 7:30pm. **No league tournament play is scheduled for this age division.**
- Coaches Meeting:** There will be a mandatory meeting for all coaches & assistant coaches on Wednesday, May 10, at 6:30pm, in the Administration Building Ste. 6.
- Fee:** **\$70.00** (includes team shirt, officials for 8 league games & field maintenance) .
- Deadline:** ***DEADLINE TO REGISTER IS Thursday, April 13, 2017 - No SPECIAL TEAM REQUESTS!!***
-

GIRLS FAST PITCH SOFTBALL LEAGUE Completing Grades 5-6

- Practices:** Monday and Wednesday beginning Monday, May 15th. Practices will be held two nights a week until games begin. Practice times are scheduled between 4:00 and 8:00pm, Monday and Wednesday, and are one hour.
- Games:** Games begin May 29th and go through July. Eight league games are scheduled with the exception for rainouts/heat. Games will be played evening: Monday and Wednesday at 5:45 and 7:30pm. Rainouts or extreme heat make-up games will be attempted on Friday evening or Saturday morning. **A league tournament is scheduled after the league games are completed in July.**
- Coaches Meeting:** There will be a mandatory meeting for all coaches & assistant coaches on Thursday, May 11th, at 6:30pm, in the Administration Building Ste. 6.
- Fee:** **\$75.00** (includes team shirt, officials for 8 league games & playoff & field maintenance)
- Deadline:** ***DEADLINE TO REGISTER IS Thursday, April 13, 2017 - No SPECIAL TEAM REQUESTS!!***
-

GIRLS FAST PITCH SOFTBALL LEAGUE Completing Grades 7-12

Divided in two divisions: Grades 7-8 Grades 9-12

- Practices:** Tuesday and Thursday beginning Tuesday, May 16th. Practices will be held two nights a week until games begin. Practice times are scheduled between 4:00 and 9:00pm, Tue. and Thur. and are one hour.
- Games:** Games begin May 30th and go through July. Eight league games are scheduled with the exception for rainouts/heat. Games will be played evening: Tuesday and Thursday at 5:45 and 7:30pm. Rainouts or extreme heat make-up games will be attempted on Friday evening or Saturday morning. **A league tournament is scheduled after the league games are completed in July.**
- Coaches Meeting:** There will be a mandatory meeting for all coaches & assistant coaches on Thursday, May 11th, at 6:30pm, in the Administration Building Ste. 6.
- Fee:** **\$75.00** (includes team shirt, officials for 8 league games & playoff & field maintenance)
- Deadline:** ***DEADLINE TO REGISTER IS Thursday, April 13, 2017 - No SPECIAL TEAM REQUESTS!!***
-



- Coaches:** **Volunteers are a must to coach each of the softball teams. ANYONE WHO SIGNS UP TO COACH SHOULD PLAN TO ATTEND WITHOUT ANY FURTHER NOTICE.**

Where: Practices at various fields in Bedford Township. Games played at Indian Creek Park, located on Douglas Road, behind the bus garage, across from White Park. Rainouts or extreme heat make-up games will be attempted on Friday evening or Saturday morning.

Softball registration forms are available on page 22 or at the Community Education office or online at www.mybedford.us/communityeducation

~SOFTBALL REGISTRATION~

To Register: In person or by mail to: Community Education 1623 W. Sterns Road - Temperance, MI 48182. Please make checks payable to Bedford Public Schools. Online registration available but the form below **MUST** be turned in to the Community Ed office in addition. For more info call 734-850-6036. A \$5.00 late fee will be charged if you are placed on a team after the deadline. League size depends on the number of volunteer coaches. Players can sign up to be on the same team with one friend. Each person must list the other on the registration form. Forms must match for your request to be honored. Request made by players placed on a team after the deadline are not guaranteed. Registrations not accepted after the deadline unless space is open on existing teams. No new players will be added to teams after games begin.



Co-Sponsored by Bedford Public Schools & Bedford Parks Commission

GIRLS SOFTBALL PLAYER'S (Grade 2-4) REGISTRATION 2017

Name _____ Age _____ Grade _____ Height: _____ ft _____ in
 Address _____ City _____ Zip _____ Home Phone _____
 Parent's Name _____ Work/Cell Phone _____
 E-Mail _____
 Number of years played in an organized league _____ Number of years pitching experience _____
 Team Shirt Size: Please circle: YM-YL- AS - AM - AL List siblings playing in this league _____
 Note exact days and times you absolutely **CANNOT** practice _____
 Name of person you wish to be teamed up with (they must also list your name) _____

GIRLS SOFTBALL PLAYER'S (Grade 5-6) REGISTRATION 2017

Name _____ Age _____ Grade _____ Height: _____ ft _____ in
 Address _____ City _____ Zip _____ Home Phone _____
 Parent's Name _____ Work/Cell Phone _____
 E-Mail _____ Skill level 1 2 3 4 5 (High)
 Number of years played in an organized league _____ Number of years pitching experience _____
 Team Shirt Size: Please circle: AS - AM - AL - AXL List siblings playing in this league _____
 Note exact days and times you absolutely **CANNOT** practice _____

GIRLS SOFTBALL PLAYER'S (Grade 7-12) REGISTRATION 2017

Name _____ Age _____ Grade _____ Height: _____ ft _____ in
 Address _____ City _____ Zip _____ Home Phone _____
 Parent's Name _____ Work/Cell Phone _____
 E-Mail _____ Skill level 1 2 3 4 5 (High)
 Number of years played in an organized league _____ Number of years pitching experience _____
 Team Shirt Size: Please circle: AS - AM - AL - AXL List siblings playing in this league _____
 Note exact days and times you absolutely **CANNOT** practice _____

GIRLS SOFTBALL (Grade _____) COACHING REGISTRATION (FOR COACHES ONLY)

Name _____ Home Phone _____
 Address _____ City _____ Work/Cell Phone _____
 Driver's License Number _____ Birthdate ____/____/____
 I would like to: (Circle one) Coach Assist Child you wish to coach _____
 Person you wish to coach with _____
 Please circle your preferences: Practice Times: 4-5pm 5-6pm 6-7pm 7-8pm
 Coach's Shirt is free. Please circle: AM (38-40) AL (42-44) AXL (46-48) AXXL (50-52)



HOW TO REGISTER

Online, by mail, or in person
Pay by credit, check or cash

ALL CLASSES REQUIRE PRE-REGISTRATION

NEW online registration at
www.mybedford.us/communityeducation

Registration also accepted in person or by mail

Full payment must be received with your completed registration form, by the registration deadline. **Registrations by mail can not use credit card.** A separate check is needed for youth and adult classes. Please allow 5 days prior to class deadline for mail delivery.

All Checks made payable to Bedford Public Schools.

For Adult Registration:
Bedford Public Schools
Adult Education
1623 W. Sterns Road
Temperance, MI 48182
734-850-6050



For Youth Registrations:
Bedford Public Schools
Community Education
1623 W. Sterns Road
Temperance, MI 48182
734-850-6036

Registrations are not accepted through the school buildings.
Community Education is not responsible for registrations sent to school and not received in our office!

WEATHER CANCELLATIONS:

When Bedford Public Schools is closed due to weather, all **Youth** Community Education Classes (both after school and evening classes, practices, and events) will also be cancelled. Closings will be on local radio and television stations. **Adult** evening activities will be determined at 3pm and will be posted on local TV and radio stations and Community Ed website and facebook page.

GENERAL POLICIES:

1. Registrations are on a first-come, first-serve basis, and Bedford residents are given preference over nonresidents.
2. No written confirmation of class registration will be sent to you unless an email address is provided. All registrants should plan to attend the first class as scheduled in the brochure unless contacted by our office.
3. You will only be contacted by our office if the time, day, or location of a class is changed, or if a class is cancelled.
4. Classes are cancelled if minimum enrollment is not met by the deadline. **Please register early!**
5. A \$5.00 child care fee will be charged for each 10 minutes after a class or practice ends that the child is not picked up.
6. One day class registrations must be paid by money order or cash if registering after the registration deadline.
7. Special Event tickets are nonrefundable except in the case of the event being cancelled by Community Ed.

Class Fee Refund Policy	
Cancelled or Full Class	Full refund
3 Days Before class begins	Full refund less \$5 service fee
Less than 3 business days but prior to 2nd class/practice	50% refund less \$5 service fee
Missed Class/Special Events/ After second class	No refund

ADULT REGISTRATION FORM - BEDFORD ADULT EDUCATION

PLEASE PRINT NEATLY and COMPLETE ALL INFORMATION!

A SEPARATE COMPLETED REGISTRATION FORM IS REQUIRED FOR EACH STUDENT AND EACH CLASS!

Class Name _____ Location _____ Start Date _____ Time _____
 Name _____ E-mail _____
 Complete Address _____ City _____ Zip _____
 Daytime Phone _____ Cell Phone _____
 Fee \$ _____ Cash _____ Check# _____ Receipt# _____

YOUTH REGISTRATION FORM - BEDFORD COMMUNITY EDUCATION

PLEASE PRINT NEATLY and COMPLETE ALL INFORMATION!

A SEPARATE COMPLETED REGISTRATION FORM IS REQUIRED FOR EACH STUDENT AND EACH CLASS!

Class Name _____ Location _____ Date ____/____/____ Time _____ Fee \$ _____
 Last Name _____ First Name _____ Home Phone () _____
 Age _____ D.O.B. ____/____/____ Current Grade _____ School Attending _____
 Street Address _____ City _____ Zip _____
 Father's Name _____ Cell Phone () _____ Work Phone () _____
 Mother's Name _____ Cell Phone () _____ Work Phone () _____
 May we contact you at work? Father? yes no Mother? yes no
 E-mail Address _____
 Emergency Contact: Name _____ Relationship _____ Phone () _____

Please make all checks payable to Bedford public Schools and enclose a separate check for youth and adult classes.

EVENTS CALENDAR

Registration is now available online.
Print fliers and registration forms online at www.mybedford.us/communityeducation
or at the Community Education office

IMPORTANT CE DEADLINES

- January 13 Karate Classes
- January 13 Pre-Basketball League
- January 18 Gymnastics Session I
- February 3 Coed K-3 Basketball League
- February 17 Coed Volleyball League
- March 24 Coed Spring Soccer League
- March 25 Gymnastics Session II
- April 7 Pre-Soccer League
- April 13 Coed Starterball League
- April 13 Girls Slow Pitch Softball
- April 13 Girls Fast Pitch Softball

Spring Brochure

- Coed T-Ball League
- Pre-T Ball League

SPECIAL EVENTS

- Jan 9-Jan 27 Ticket sales for Daddy Daughter dance
- February 4 Daddy/Daughter Dance
- April 14-23 Spring Break

FEATURED CLASSES

INTRO TO SOCIAL MEDIA

People are more connected than ever with all of the social media tools available. Not sure of the difference between a tweet or a post? Want to learn more about Facebook, Twitter, and Instagram? Join us to learn more about the basics of social media. We will discuss the different tools, getting started, and how to keep your privacy protected.
1 Tuesday 6:30-8:00pm \$28
February 21 Register before Feb. 14
Smith Rd School/Tech Lab

A BEGINNERS GUIDE TO ANDROID

Learn to use your Android phone or tablet to its fullest. Discover tips and tricks as well as useful apps and fun games. Set up a Google account and learn how to navigate using Google's operating system to get the most out of your device. Learn to link your email, calendar and contacts between your device and computer and how to back all of it up in the cloud, including all of your photos.
1 Monday 6:30-8:00pm \$30
January 23 Register before Jan. 17
Bedford High School/Media Center

BE WHO YOU ARE SEMINAR

This workshop will give you techniques to learn to love who you are. We will learn a way to assist you in letting go of negative past experiences. We will take participants on a journey toward self-discovery, identity formation, self-theory and goal setting. You will walk away inspired and motivated to reach for new levels of growth.
1 Thursday 7:00-8:30pm \$45
January 26 Register before Jan. 19
Bedford High School/Media Center Conference Room

Interested in a class? Register Early
Don't wait-your class could get cancelled

HOW TO REGISTER

Online, by mail, or in person
Pay by credit, check or cash
See page 23 for registration information



Community Education Brochures are printed on recycled paper with soy ink!
Please recycle yours - but not until you receive the new one in June!

~Brochure Mailing~

The Bedford Adult & Community Education brochure is printed three times each year; fall, winter, & spring/summer. All three brochures are mailed to every home in Bedford Township, and the surrounding areas. If you, or someone you know would like to receive the brochures but do not live in Bedford....simply pick one up at the Community Education Office at 1623 W. Sterns Road Temperance, MI 48182. You may also find our brochures at the Bedford Public Library, or *online at www.mybedford.us*.

LATCHKEY

Pre-registration is required!

For more information, please call any of the latchkey site managers between 6:30am-8:20am or 3:20pm-6:00pm.

- Amber Brushaber, Director 850-6004**
- DRE - Emily Lacacci 850-6719**
- MRE - Amanda Kiss 850-6819**
- JRE - Kate Thorpe 850-6619**

Bedford Public Schools
1623 W. Sterns Road
Temperance, MI 48182

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